

Note: Abbreviations at right are for federal lands shown on this map. In many places, exact trail locations have not yet been determined. Portions of the trails indicated on this map may not be accessible for public use. Please check with individual trail clubs and managing offices for the latest available trail locations.

National Park System	
MEM	Memorial
NB	National Battlefield
NHP	National Historical Park
NHS	National Historic Site
NL	National Lakeshore
NM	National Monument
N MEM	National Military Park
NP	National Preserve
N PRES	National Recreation Area
NRA	National Recreation Area
N RES	National Reserve
NS	National Seashore
NSR	National Scenic Riverway
PKWY	National Scenic Riverway Parkway

National Forest System	
NF	National Forest
NG	National Grassland

Only national park, forest areas, and wildlife refuges that relate to the National Trails System are shown.

Fish and Wildlife Service	
NWR	National Wildlife Refuge

Bureau of Land Management	



- Chesapeake Bay area National Wildlife Refuges**
- 1 Blackwater
 - 2 Eastern Neck
 - 3 Eastern Shore of Virginia
 - 4 Featherstone
 - 5 Fisherman Island
 - 6 James River
 - 7 Martin
 - 8 Mason Neck
 - 9 Nansemond
 - 10 Occoquan Bay
 - 11 Plum Tree Island
 - 12 Presquille
 - 13 Rappahannock River Valley
 - 14 Susquehanna
- National Park sites**
- 15 Colonial NHP
 - 16 Fort Mifflin NM
 - 17 George Washington Birthplace NP
 - 18 Piscataway Park
 - 19 Prince William Forest Park
 - 20 Richmond NHP



Scale for all areas except Alaska
 0 100 200 Kilometers
 0 100 200 Miles
 Map revised April 2010.